

Harm Reduction Principles

Health & Dignity

Quality of life and well-being are central to successful interventions and policies for people who use drugs.

People-Centered Services

Non-judgemental and non-coercive services and resources for the community and people who use drugs.

Involvement

People have a voice in the creation of the type of supplies they receive and the programs and policies that serve them.

Autonomy

Empower people to be the agents of their own change and support each other in a way that addresses the conditions of harm.

Sociocultural Factors

Social inequalities like poverty, class, racism, social isolation, trauma, and sex-based discrimination affect people's vulnerability to harm and ability to manage it.

Pragmatism

Never minimize or ignore harm and danger associated with substance use or other risky behaviors.

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HARM REDUCTION
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