

988

SUICIDE & CRISIS LIFELINE

AVAILABLE NATIONWIDE STARTING JULY 16TH, 2022



URGENT REALITIES

Too many Americans are experiencing suicide and mental health crises without the support and care they need. In 2020 alone, the US had one death by suicide about every 11 minutes — and for people aged 10-34 years, suicide is a leading cause of death.

THERE IS HOPE

Providing 24/7, free and confidential support to people in suicidal crisis or emotional distress works! The Lifeline helps thousands of people overcome crisis situations every day.



EASIER ACCESS

Moving to an easy-to-remember, 3-digit dialing code will provide greater access to life-saving services.



SAMHSA
Substance Abuse and Mental Health
Services Administration

