

MAT/SUD SERVICES

 **Barton Health**
(530) 543-5623; (530) 307-1066
2201 South Avenue, South Lake Tahoe

Shingle Springs Health & Wellness
(530) 387-4975 
5168 Honpie Road, Placerville

 **Marshall Medical Center ED/CARES**
(530) 621-7965
1045 Marshall Way, Placerville

EDHC STEPS Program
(530) 556-2018 
4641 Missouri Flat Road, Placerville
3104 Ponte Morino Drive, Suite #100, Cameron Park

NARCAN/Naloxone DISTRIBUTION

Barton Health:

Locations: Emergency Department walk-ins welcomed. At clinics please ask your provider.

Marshall Medical Center:

Patients, family, friends

Locations: Emergency Department or Marshall CARES

EDHC STEPS Program:

Walk-ins welcomed

Locations: All clinic locations

EDC Library -South Lake Tahoe:

Walk ins welcomed

Sierra Harm Reduction Coalition

Narcan and Fentanyl Text strips. Delivery only.
(530) 212-0279 call/text

SUBSTANCE USE DISORDER SERVICES

Progress House 
(530) 626-9240
2844 Coloma St, Placerville

 **Recovery in Action**
(530) 344-7633
484 Pleasant Valley Rd, Diamond Springs

EDC Behavioral Health 
1-800-929-1955
929 Spring St, Placerville
1900 Lake Tahoe Blvd, South Lake Tahoe

HARM REDUCTION SERVICES

The Sierra Harm Reduction Coalition
(530) 212-0279 

Delivery Only

Services include: Fentanyl Test Strip Distribution, Safer Using Kit Distribution, Syringe exchange, Litter cleanup, Disease testing, Disposal containers, Naloxone training, + Referrals to essential services

CAMPAIGN PARTNERS



FIGHTING fentanyl

in El Dorado County

Learn the signs of an overdose, what to do if someone overdoses, what you should know utilizing 911 services, how to administer NARCAN/Naloxone, and how to perform rescue breathing. Find substance use-related services in EDC!!

VIEW THE WHOLE CAMPAIGN!



SIGNS OF AN OVERDOSE

Some things to look out for:

1. Small, constricted "pinpoint pupils"
2. Falling asleep or losing consciousness
3. Slow, weak, or no breathing
4. Choking or gurgling sounds
5. Limp body
6. Cold and/or clammy skin
7. Discolored skin (check lips/nails)
 - Caucasian: Blue/Purple
 - BIPOC: Grey-ish

WHAT TO DO IF SOMEONE ODS

1). ASSESS AND STIMULATE:

1. **Asses yourself + the situation**
 - a. Are you able to assist at the moment?
 - b. Is it safe for you to assist?
2. **Stimulate**
 - a. **VERBAL: YELL.** Explain what you're doing before doing it.
 1. Ex: "Hey! Are you okay? Can you show me how you are doing?"
 - b. **PHYSICAL:** Arm pinch, sternum rub, etc.

2). CALLING 911:

1. **Give minimal information:**
 - a. Location
 - b. Say: "We have a person down. They are not breathing. Suspect an overdose."
 1. This will **ACTIVATE** the Good Samaritan Law
 2. Do **NOT** interfere with first

responders. Step back. You'll risk your Good Samaritan Law protections otherwise

2. **If you're by yourself:**
 - a. Call 911
 - b. Retrieve + Administer NARCAN
3. **If you're in a group:**
 - a. Delegate roles
 - b. Point to someone + say "Call 911"
 - c. **YELL** out "Does anyone have NARCAN/Naloxone?"
 1. Retrieve + Administer NARCAN

3). ADMINISTER NARCAN

1. **Nasal NARCAN Tip:**
 - a. Do **NOT** test (1 does/bottle)
 - b. 3-5 minutes to work
2. **Intramuscular Naloxone Tip:**
 - a. Draw **ALL** fluid into the needle
 - b. Inject needle into the upper side of the arm or the middle side of the thigh
3. **If person is not awake in 2.5-3 minutes, administer another dose in the other nostril**
4. **Preform RESUCE BREATHING**

4). PUT THE PERSON IN THE RECOVERY POSITION

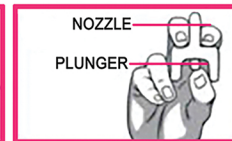
1. **On their side** with the bottom arm extended out, the top arm under the head, + the top knee supporting them on their side

5). STAY WITH THE PERSON UNTIL EMERGENCY SERVICES ARRIVE

1. **If you must leave, leave the person in THE RECOVERY POSITION**

ADMINISTERING NARCAN

1. Remove NARCAN spray from the box
2. Peel back the tab with the circle to open
3. Place your thumb on the bottom + your middle/index fingers on either side of the top
4. Tilt the head back + support behind the neck with your hand
5. Insert entirely into the nostril and press plunger to administer the full dose



PERFORMING RESUCE BREATHING

1. **Place face shield ***optional*****
2. **Tilt head back, lift chin, + pinch nose**
3. **Give one breath into the mouth every 5 seconds**
4. **Administer a second dose of NARCAN if:**
 - a. If there is no breathing after 2-3 minutes
 - b. If the person stops breathing again

