

WHAT TO DO IF SOMEONE OVERDOSES

(on opioids)

STEP #1

1. ASSESS AND STIMULATE

a. **Asses yourself and the situation**

b. Are you able to assist at the moment?

a. Is it safe for you to assist?

b. **Stimulate**

1. **VERBAL: YELL.** Explain what you're doing before doing it.

Ex: "Hey! Are you okay? Can you show me how you're doing?"

2. **PHYSICAL:** Arm pinch, sternum rub, etc.

STEP #2

2. CALLING 911

a. Give minimal information:

1. Location
2. Say "We have a person down. They are not breathing. Suspect an overdose."
 - a. This will ACTIVATE the Good Samaritan Law
 - b. Do NOT interfere with first responders, step back. You will be risking your Good Samaritan Law protections otherwise.

b. If you're by yourself:

1. Call 911
2. Retrieve and Administer NARCAN/Naloxone
3. Perform RESUCE BREATHING

c. If you're in a group:

1. Delegate roles
2. Point to someone and say "Call 911"
3. YELL out "Does anyone have NARCAN/Naloxone?"
 - a. Retrieve and Administer NARCAN/Naloxone

STEP #3

3. ADMINISTER NARCAN/NALOXONE

a. Nasal NARCAN Tip:

1. Do NOT test (one dose per bottle)
2. 3-5 minutes to work

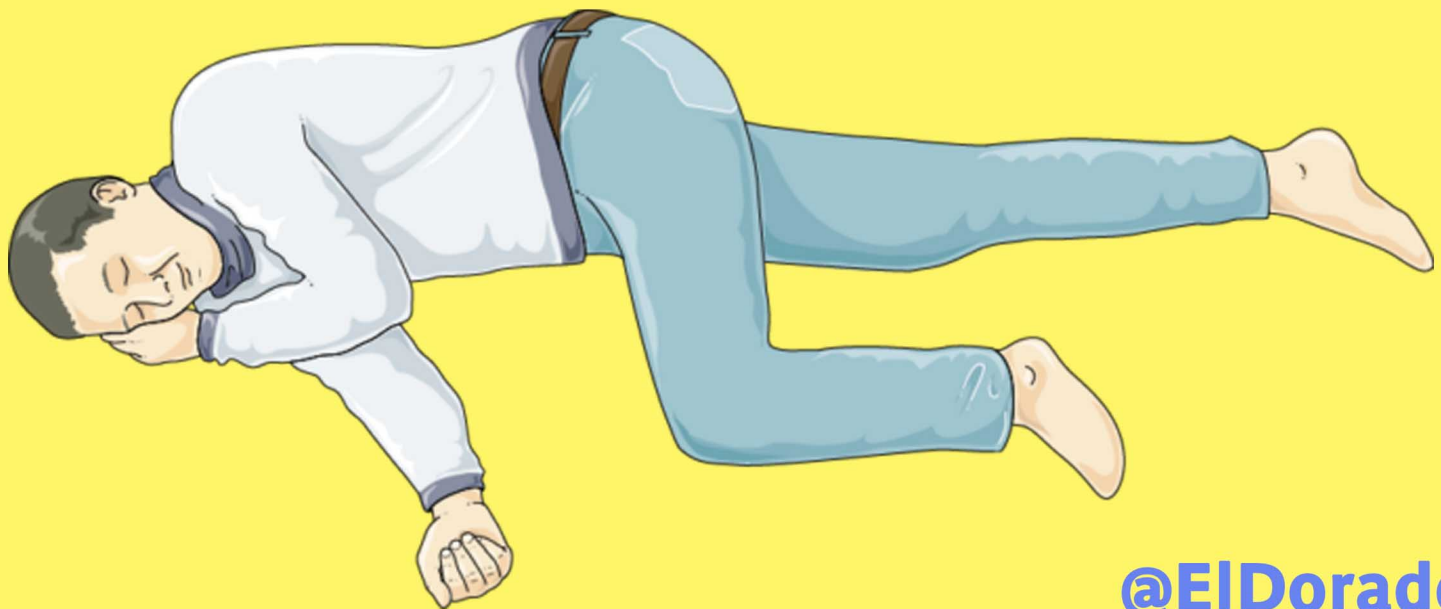
b. Intramuscular Naloxone Tip:

1. Draw ALL fluid into the needle
2. Inject needle straight into the upper side of the arm or middle side of the thigh (do not inject

STEP #4

4. PUT THE PERSON IN THE RECOVERY POSITION

- a. Lay them on their side with the bottom arm extended out, the top arm under the head, and the top knee supporting them on their side.



STEP #5

**5. STAY WITH THE PERSON
UNTIL EMERGENCY ASSISTANCE
ARRIVES**

**a. If you must leave, leave the
person in THE RECOVERY
POSITION**





LEARN MORE

CITATIONS:

"DOPE Project Monthly Overdose Prevention & Naloxone Administration Training." DOPE Project, 16 Aug. 2022.

"The Good Samaritan Law." Ewing, Tom, Sierra Harm Reduction Coalition. [PDF]. 2021

"Know Your Rights." Ewing, Tom, Sierra Harm Reduction Coalition. [PDF]. 2021

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